

Stockport Metro Club Championships 2010

Programme of Events

Wednesday 22nd September 2010

Warm Up: 4.30pm **Start:** 5.10pm

- 101 Girls 9 yrs/Over 200 IM
- 102 Boys 9 yrs/Over 200 IM
- 103 Girls 9 yrs/ Over 100 Fly
- 104 Boys 9 yrs/Over 100 Fly
- 105 Girls All Ages 50 Breaststroke
- 106 Boys All Ages 50 Breaststroke
- 107 Girls 9 yrs/Under & Selected 10yrs 100 IM
- 108 Boys 9 yrs/Under & Selected 10yrs 100 IM
- 109 Girls 9 yrs/ Over 200 Free
- 110 Boys 9 yrs/ Over 200 Free

Thursday 23rd September 2010

Warm Up: 4.30M **Start:** 5.10PM

- 201 Girls 9 yrs/Under 25 Backstroke
- 202 Boys 9 yrs/Under 25 Backstroke
- 203 Girls 9 yrs/Over 200 Breaststroke
- 204 Boys 9 yrs/Over 200 Breaststroke
- 205 Girls 9 yrs/Over 100 Backstroke
- 206 Boys 9 yrs/Over 100 Backstroke
- 207 Girls 9 yrs/Under 25 Breaststroke
- 208 Boys 9 yrs/Under 25 Breaststroke
- 209 Girls 9 yrs/Over 200 Fly
- 210 Boys 9 yrs/Over 200 Fly
- 211 Girls All Ages 50 Free
- 212 Boys All Ages 50 Free
- 213 Girls/Boys 10 years/Over 400 Freestyle

Friday 24th September 2010

Warm Up: 4.30pm **Start:** 5.30pm

- 300 Girls 10 yrs/Over 400IM
- 301 Boys 10 yrs/Over 400IM
- 302 Girls 9 yrs/Under 25m Fly
- 303 Boys 9 yrs/Under 25m Fly
- 304 Girls All Ages 50 Backstroke
- 305 Boys All Ages 50 Backstroke
- 306 Girls 9 yrs/Over 100 Breaststroke
- 307 Boys 9 yrs/Over 100 Breaststroke
- 308 Girls 9 yrs/Over 200 Backstroke
- 309 Boys 9 yrs/Over 200 Backstroke
- 310 Girls 9 yrs/Under 25 Free
- 311 Boys 9 yrs/Under 25 Free
- 312 Girls All Ages 50 Fly
- 313 Boys All Ages 50 Fly
- 314 Girls 9 yrs/Over 100 Free
- 315 Boys 9 yrs/Over 100 Free

Monday 27th September 2010

LAND Warm Up: 4.10PM **POOL 4.30PM Start:** 5.10PM

- 401 Girls 10yrs/Over 800 Free
- 402 Boys 11yrs/Over 1500 Free

Coaches will select swimmers for these events

**PLEASE NOTE THESE EVENTS WILL BE SWAM IN STANDARD COSTUMES NOT RACE COSTUMES
COACHES WILL ALSO HAVE DISCRETION OVER WHICH EVENTS SWIMMERS TAKE PART IN**