



Stockport Metro Club Championships 2010 (Licensed Level 4)
22nd, 23rd, 24th and 27th September 2010

ENTRY FORM 10 YEARS & OVER

Name	
Gender	Male / Female - please circle
Date of Birth	
Age as at 27th September 2010	
Tel Number	
Club/Squad	
ASA REGISTRATION NO.	

It is important that you include your ASA Registration Number, as the Club Championships is a licensed swim meet (Level 4). Your Registration Number can be found on the ASA website or contact Michelle Toole in the office for help.

Event	25m Entry Time	Event	25m Entry Time
50m Freestyle		200m Breaststroke	
100m Freestyle		50m Fly	
200m Freestyle		100m Fly	
400m Freestyle		200m Fly	
50m Back		200m IM	
100m Back		400m IM	
200m Back			
50m Breaststroke		Girls 10 years/over 800m Freestyle	
100m Breaststroke		Boys 11yrs/over 1500m Freestyle	

Please note: Club link swimmers can compete but only for times.

Entry fee is £5.

Please enclose a cheque made payable to Stockport Metro Swimming Club and write the swimmer's name on the reverse of the cheque.

Swimmers should return forms to their coach, Wendy Riach or Louise Helsby.
Tel 0161 480 5138 if you have any queries.

LATEST DEADLINE 6TH SEPTEMBER 2010