

Dear Swimmer,

Please find attached the details of the 2010 Cheshire County meet to be held over two weekends at Macclesfield Leisure Centre and Grand Central Pools.

Please return your entry form, with a cheque made out to SMSC by
Monday 1st February 2010.

Late entries or those without payment will not be processed.

Forms can be handed to your coach, Liz Kearslake (JD2), Fiona Burns (JD3), Louise Helsby (Reg Age), Diane Moss (Nationals).

CHESHIRE COUNTY CHAMPIONSHIPS AND AGE GROUPS 2009

RULES OF THE COMPETITION

1. All competitors must be bona-fide members of affiliated clubs and shall not have and do not intend to compete in any other County's championships in the same year.
THEY MUST BE NATIONALLY REGISTERED WITH THEIR CLUB IN ACCORDANCE WITH A.S.A. REGULATIONS.
2. Entries must be on the official form of the Association (photocopies accepted) and accompanied by the correct entry fee.
3. Entry times must have been achieved in the twelve months immediately preceding the closing date of the competition. (See separate sheet for consideration times). AGE AS AT 28th MARCH 2010. The entry times must have equalled or bettered the entry consideration times and they must have been obtained in the following competitions:-
 - a. LICENSED MEETS 1 – 4 ONLY for swimmers 10yrs to Open.
 - b. 9yr olds can enter times from League matches, club championships where there are result sheets (these must be included with the entry form).Entries NOT appearing on the ASA National Rankings will not be accepted and the swimmer will forfeit the entry fee(s) for the event(s) involved. PLEASE NOTE – Entries WILL be checked.
Entries forms MUST be signed by a Club official to verify the submitted times.
4. Girls aged 10 and Boys aged 11 may enter the 100m events (subject to the above rule), providing that they have met the qualifying time for the 200m and are entering the 200m event for that stroke.
5. The closing date for entries in 2010 is Tuesday, February 23rd.
6. All 50m and events of 200m and above, 4x25m Individual Medley and Team events will be decided on a heat declared winner basis. The Team events will be held at the end of each session in which there are individual events.
7. The Junior Champion in all HDW events will be the fastest 16/Under competitor.
8. The Hon. Swimming Secretary shall have the discretion to limit the number of competitors in all events if deemed necessary as all submitted times are CONSIDERATION times and not automatic qualifying times.
9. All ages will swim together in the heats of the 100m events. There will be one Open final (for the top eight swimmers overall). The age group finals will be swum as single age groups. The top eight swimmers must choose either the Open or their own age group final, but cannot swim in both.
10. Medals will be awarded to the first three in each event in each age group and to the top three teams per event in the relays.
11. 100m events – The Junior Champion will be the highest ranked junior (16/U) in the Open Final. If there isn't a junior in the Open final then the winner will be the fastest time recorded by a Junior from either heats or finals. The medals for the age group events will be awarded to the fastest three in the finals, either from the Open Event or their own age group.
12. Coaches Passes cost £15.00 per pass, which covers entry to all galas, programmes, and result sheets. Only available to bona fide coaches/team managers. Individual entries – £4.25 per event.