

WISE International – Dublin 9th / 10th March 2007
England Report and results.

Friday 9th March

With the swimmers arriving in Dublin from 6 different regional airports, the team were transported to pool by mid afternoon to acclimatise to the pool. An excellent training session was completed by all the swimmers and the team photo followed before we boarded the coach for the hotel. The team remained in high spirits despite a long day travelling and on arriving at the hotel sat down for some much needed food. Following a team meeting the swimmers retired to their rooms to get some well deserved sleep before the main event.

Saturday 10th March

The meet was held at the National Aquatic Centre, a 10 lane 50m facility just on the outskirts of Dublin. This was a tremendous venue to hold the gala and all the swimmers from the team responded with some awesome performances during the day.

At the close of the meet 31 first places, 13 second places and 2 third places were achieved by the squad of forty swimmers. Twenty three new WISE records were also set by English swimmers, some dating back to 1982, one by an Olympic Champion (Adrian Moorhouse!). These were just the highlights from the swimmers scoring in the WISE competition. Mention must be made to those members of the team who did not finish in the top 4 nation scoring positions, but swam personal best times and were also top 5 finishers in their individual events.

The whole team were a credit to their schools divisions and ESSA.

At the end of the meet a top Boy and Girl award is selected by each country. For England James Clarke (Div 5) won the boys award for his victory in the Open 400 Free in 4.02.3 breaking a record set in 1982 by John Davey. The Girls award was won by Rachel Wilson (Div 2) for her record breaking swim in the Senior Girls 100 Breaststroke in a 1.11.56. With so many records broken by the English swimmers it was one of the hardest decisions the coaching staff had to make in recent years. All the record breakers and positions can be seen on the attached results. The best performance award went to Matt Shead (Div 5) for his Senior Boys 100m Breaststroke win beating the time set in 1982.

As always getting to Ireland just does not happen without the hard work of plenty of people. Thanks to Claire Turner for all her hard work behind the scenes in arranging all the travel details with the help of Marie Bracey; to Fiona Whittle and John Stiven for their help on poolside as Team Managers and finally a huge thanks to Fran Ronan for her expertise as the female coach over the weekend. Thank you as well to Tim Hartley for helping us during the warm ups whilst fulfilling his role as President on the day.

All the swimmers were fantastic ambassadors for their divisions and the ESSA. It was a delight to be associated with such a successful team and we look forward to another great competition in Crawley in 2008.

Richard Thorp (ESSA Coaching Staff)

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Individuals	Stroke	Swimmer	Time	Place	Swimmer	Time	Place
Girls	200 IM	Katie Ambridge	2.23.35	2nd	Katrina Alder	2.25.72	3rd
Boys	200 IM	Adam Harrington	2.15.00	5th	Jamie Evans	2.13.36	3rd
JG	100 Bk	Kathryn Willis	65.67	1st **	Aimee Willmott	66.14	2nd
JB	100 Bk	David Gregory	61.30	1st **	Dan Ruckwood	61.89	2nd
IG	100 Br	Stephanie Slater	1.13.95	2nd	Emma Wilson	1.14.61	3rd
IB	100 Br	James Brodey	66.92	3rd	Adam Harrington	1.14.01	6th
SG	100 Fly	Nicole Scott	64.82	2nd	Katie Ambridge	64.28	1st **
SB	100 Fly	Martin Cox	57.62	2nd	Jamie Evans	60.11	6th
Girls	200 Free	Erin Jeffrey	2.08.03	3rd	Lauren Collins	2.06.54	1st **
Boys	200 Free	James Clarke	1.53.17	1st **	Jeremy Osbourne	2.02.78	6th
JG	100 Br	Francesca Hughes	1.15.01	2nd	Aimee Willmott	1.14.32	1st
JB	100 Br	Patrick Callan	1.11.05	1st	David Gregory	1.15.01	8th
IG	100 Fly	Amanda Nugent	66.16	2nd	Fern Davies	66.55	4th
IB	100 Fly	Karl Botha	57.62	1st **	Tom Parris	61.15	4th
SG	100 Free	Claudia Coleman	58.41	1st	Erin Jeffrey	60.73	5th
SB	100 Free	James Clarke	53.04	2nd	Jeremy Osbourne	54.42	4th
Girls	200 Br	Amy Spencer	2.38.92	3rd	Rachel Wilson	2.38.71	2nd
Boys	200 Br	Matthew Shead	2.27.35	4th	Rob Holderness	2.21.49	1st **
Girls	400 Free	Erin Jeffrey	4.25.53	2nd	Fern Davies	4.34.85	7th
Boys	400 Free	James Clarke	4.02.38	1st **	Adam John	4.30.59	7th
JG	100 Fly	Rebecca Wetten	67.69	3rd	Sophie Ward	63.52	1st **
JB	100 Fly	Steven King	62.90	1st	Matthew Butt	63.22	2nd
IG	100 Free	Lauren Collins	58.14	1st **	Louise Farrer-Fisher	58.41	2nd
IB	100 Free	Tom Parris	53.73	1st **	Karl Botha	55.74	4th
SG	100 Bk	Rachel Lefley	65.41	1st **	Nicole Scott	1.14.47	6th
SB	100 Bk	Matthew Storr	61.90	5th	Theo Hirst	60.32	2nd
Girls	200 Fly	Katie Ambridge	2.18.12	1st **	Amanda Nugent	2.20.57	2nd
Boys	200 Fly	Karl Botha	2.16.50	7th	Martin Cox	2.06.08	1st **
JG	100 Free	Sophie Ward	60.02	2nd	Rebecca Wetten	64.25	7th
JB	100 Free	Aaron Lynch	57.55	2nd	Steven King	58.82	8th
IG	100 Bk	Alex Hooper	66.10	3rd	Lauren Collins	66.06	2nd
IB	100 Bk	Adam John	60.58	1st **	Adam Harrington	60.94	2nd
SG	100 Br	Rachel Wilson	1.11.56	1st **	Amy Spencer	1.13.98	3rd
SB	100 Br	Matthew Shead	65.26	1st **	Rob Holderness	67.02	3rd
Girls	200 Back	Rachel Lefley	2.23.48	5th	Kathryn Willis	2.21.12	2nd
Boys	200 Back	Matthew Storr	2.16.09	6th	Theo Hirst	2.06.49	1st **
JG	200 IM	Aimee Willmott	2.20.20	1st **	Rebecca Wetten	2.37.53	7th
JB	200 IM	Matthew Parks	2.17.34	1st	Matthew Butt	2.27.86	6th

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Relays

4 x 100 Free Relay	U15		Girls		O15	Girls		
	1		Sophie Ward	61.50	1	Claudia Coleman	59.23	
4.04.72	2		Alex Hooper	60.27	2	Lauren Collins	58.53	
2nd	3		Fern Davies	60.96	3	Erin Jeffrey	61.28	3.58.16
	4		Rebecca Wetton	61.99	4	Louisa Farria-Fisher	59.12	1st **
4 x 100 Med Relay	U15		Girls		O15	Girls		
	Bk		Alex Hooper	65.83	Bk	Rachel Lefley	65.29	
4.22.82	Br		Stephanie Slater	76.67	Br	Rachel Ward	1.11.93	
1st **	Fly		Rebecca Wetton	67.54	Fly	Nicole Scott	65.67	4.31.79
	Free		Sophie Ward	61.74	Free	Claudia Coleman	59.93	1st **
4 x 100 Free Relay	U15		BOYS		O15	BOYS		
	1		Aaron Lynch	58.30	1	James Clarke	53.19	
3.49.37	2		Dan Ruckwood	55.95	2	Tom Parris	53.37	
1st **	3		Patrick Callan	58.46	3	Adam Harrington	53.84	3.33.73
	4		Matthew Park	56.66	4	Jeremy Osbourne	53.25	1st **
4 x 100 Med Relay	U15		BOYS		O15	BOYS		
	Bk		Adam John	60.58	Bk	Matt Storr	62.00	
4.13.41	Br		Patrick Callan	71.14	Br	Matt Shead	66.06	
1st **	Fly		Steven King	63.04	Fly	Martin Cox	57.48	3.57.96
	Free		Aaron Lynch	58.65	Free	James Clarke	52.54	1st **

**** = New WISE Record**

Summary:

AM: 14 first place, 6 second place, 2 third place

PM: 17 first place, 7 second place

Overall: 31 1st Place, 13 second place, 2 third place, 23 New WISE Records!!

POINTS RESULT:

1st	England	167
2nd	Scotland	122
3rd	Wales	85
4th	Ireland	